#### Sanitation:

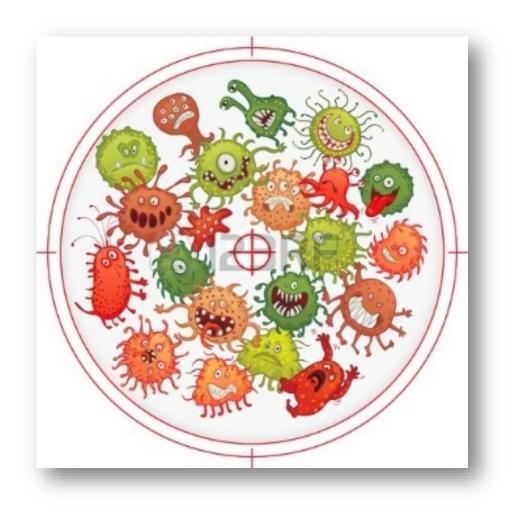
# What's really important and has the biggest impact

Cynthia Karsten, DVM



Koret Shelter Medicine Program UC Davis School of Veterinary Medicine

www.sheltermedicine.com



#### Cleaning Product Basics

What is our goal?

"Good sanitation is an integral part of humane animal housing.

Proper cleaning and disinfection practices help reduce the transmission of infectious diseases to both animals and people, and result in a cleaner and healthier environment. A clean shelter also has the added benefits of increasing the comfort level of the animals and presenting a positive image of the shelter to the public.

Protocols for proper sanitation are essential for any sheltering program. Providing education and training as well as ensuring compliance with those protocols is also essential."

- ASV Guidelines for Standards of Care

## Association of Shelter Veterinarians (ASV) Guidelines for Standards of Care in Animal Shelters

- http://www.sheltervet.org/about/shelter-standards/
- http://www.aspcapro.org/asv
- Unacceptable
  - Kennels or cages are sprayed down while animals are inside
  - Animals walk through footbaths
- Must ———— Very thorough. Give best practice guidelines.
- Should
- Ideal
  - Sanitation protocols are developed and periodically reviewed in consultation with a veterinarian experienced in shelter medicine

### Sanitation Goals



### Protect animals from disease

Protect staff, volunteer, visitor health





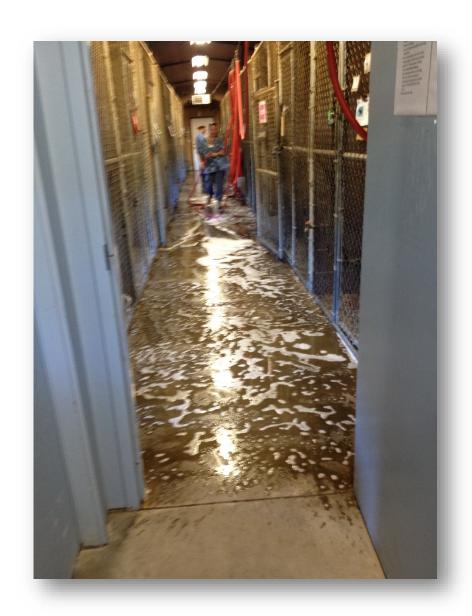
Create a pleasant & welcoming environment

Protect the environment & use resources wisely



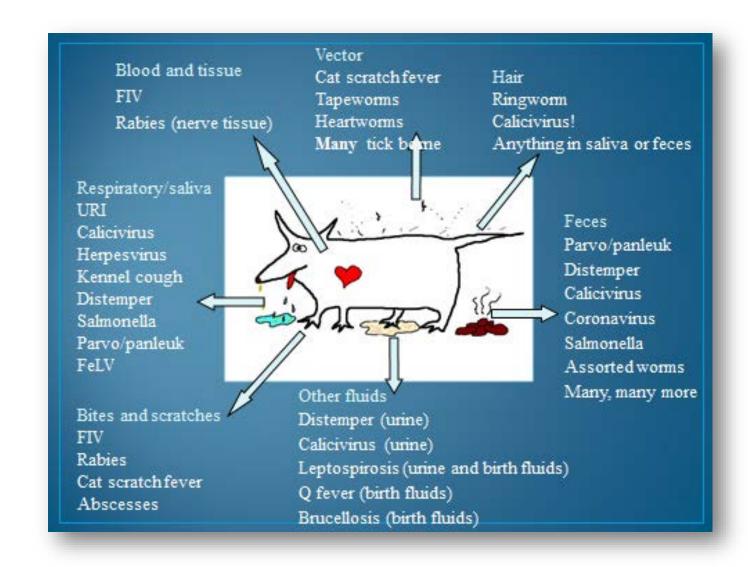
#### Important Points to Remember

- Efficiency in daily processes effects animal welfare and available resources
- Cleaning time is noisy and disruptive
- Prolonged cleaning time is stressful
  - Concentrate staff so cleaning time is quicker in each area
     Ex: 4 people cleaning- team up so each area can be completed more quickly
    - Housing area that takes 1 person 40 minutes vs. 2 people in 20 minutes
      - Animal experience
      - Staff safety work together
- Use cleaning processes that are efficient
  - Chose effective, efficient products and protocols
    - When calculating cost look at effectiveness, concentration needed and staff time for the cleaning process
    - Cleaning/sanitation does not have to take long for it to be done well



#### Preliminary concept: disease spread

- Direct contact
  - Scratches
  - Nose to nose
- Fomites
- Hair-borne
- Sneeze-borne
- Airborne

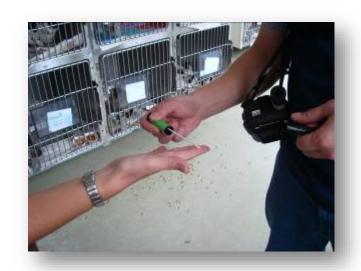


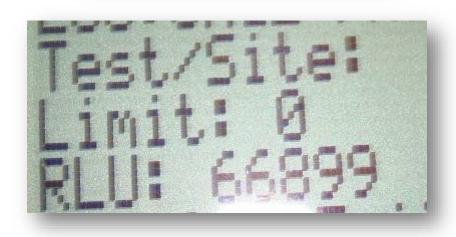
### Putting things in perspective



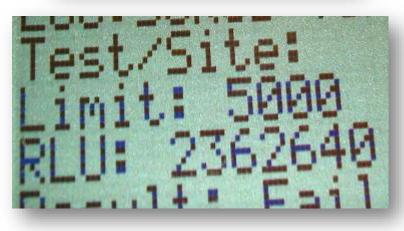


### Putting things in perspective









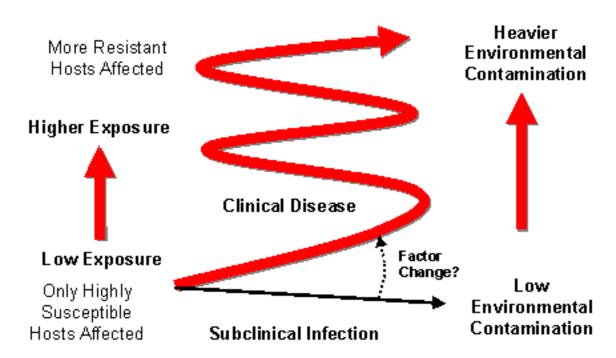
#### Foundation concept: dose effect

Dose required =
immune status of animal
&
virulence of pathogen

**REDUCE DOSE** BY REDUCING SOURCE AND/OR TRANSMISSION

INCREASE DOSE TOLERATED BY
SUPPORTING ANIMAL IMMUNITY

#### Vicious Cycle of Outbreaks



#### Creating an infectious disease control program

- 1. Assess shelter risks
- 2. Develop clear sanitation protocols
- 3. Educate & train staff/volunteers
- 4. Ensure consistent implementation
- 5. Assess efficacy regularly

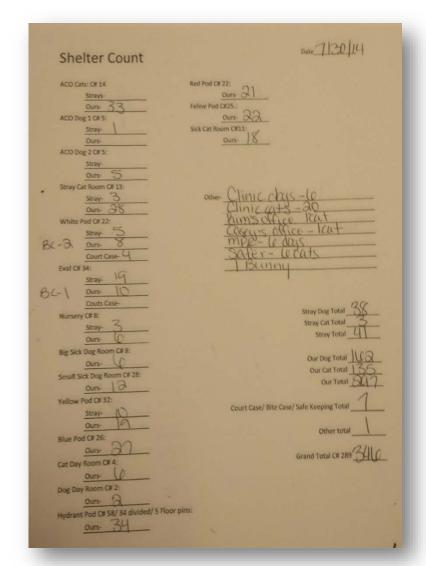
#### Shelter Risk factors

- Crowding
- Stress
- Vulnerable population
  - Unknown vaccine history
  - Constant turnover
- Highly durable pathogens
- Staffing capacity



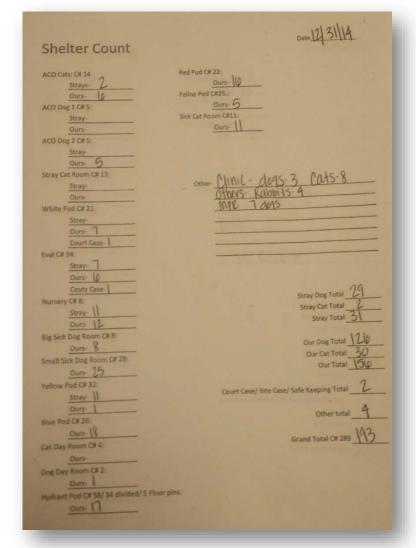
Biggest Risk Compromised Sanitation Improper Compromised Use of Biosecurity Housing Crowding Increased Compromised Infectious Air Quality Dose Increased **Contact Rates** 

#### Capacity for Care



July 30, 2014 346 in house





#### Staffing

#### Training

Use past examples of diseases

#### Compliance

- Signage
- Increase availability of sinks/hand sanitizers
- Accessible & functioning supplies/equipment
- Written protocols
- Sufficient staffing level

#### Capacity

• Learn all about it tomorrow!



2/5/14

#### Staffing Capacity

Shelter has 100 animals each day

100 animals x 15 min care = 1500 min/60 min = 25 hrs for basic care each day

With 4 team members cleaning:

25 hrs/4 members =

6.25 hrs total min care each day

With 8 team members cleaning:

25 hrs/8 members =

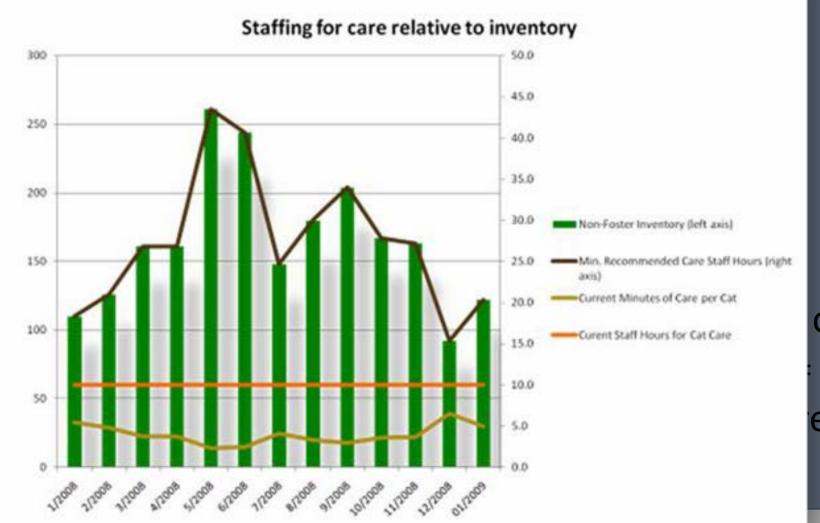
3.1 hrs total min care each day

#### Staffing Capacity

Shelter has

100 animal25 hrs for b

With 4 tear 25 hrs/4 me 6.25 hrs tot



cleaning:

e each day

#### Housing is key component of sanitation success

- Double compartment housing is an essential tool for efficient cleaning
  - Less stressful
  - Reduced fomite transmission
  - Limits chemical exposure
  - Safer for staff and animals
- Goal is to limit handling to reduce the hazards and risks of handling - during routine cleaning time
  - Housing makes it possible or kind of impossible



#### Housing Design: Double Compartment





#### Housing Design: Double Compartment Indoor/Outdoor



## Housing Design: Double Compartment Indoor/Indoor





### Housing Design: Double Compartment Real Life Room



#### Housing is key component of sanitation success

- Alternative ways to achieve success with housing limitations
  - Cat housing portals
  - Dog housing
    - Two singles/dog
    - Morning walks while cleaning







www.sheltermedicine.com/portal

# Considerations for sanitation protocol development

- To use the RIGHT product
- At the RIGHT dilution
- For the RIGHT amount of contact time
- On the RIGHT population
- With the LEAST stress to animals
- (and possibly the LEAST cost to the organization)
- Write it all down
- Tricky part: these answers are not the same for every organization or situation

#### Terminology

Cleaning: The manual process of removing dirt and organic debris

Sanitizing: Eliminating as many infectious organisms as possible through cleaning and disinfecting

**Disinfecting:** Using solutions to kill or destroy pathogens still present after cleaning

**Sterilizing:** Eliminating all microorganisms from inanimate surfaces

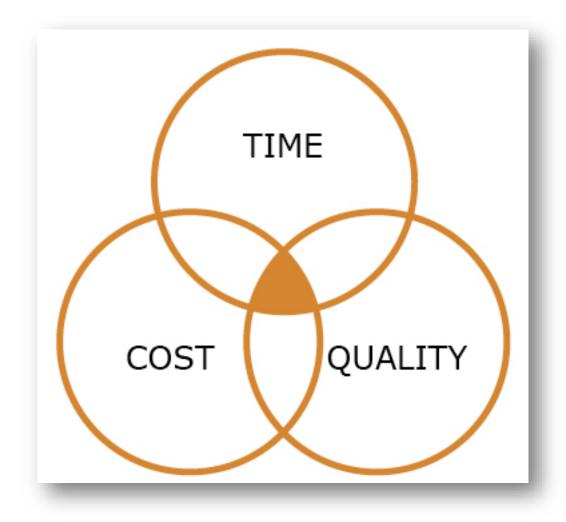
#### Destruction of Microorganisms



## Choose the right product

#### Ideal disinfectant

- Broad spectrum
  - Non-toxic
  - Non-irritating
  - Non-corrosive
- Effective in face of organic matter
  - Ease of application
  - Short time to effect
  - Relatively inexpensive



#### Common options



Sodium hypochlorite aka Bleach



Sodium dichloro-isocyanurate e.g. Bruclean



Calcium hypochlorite e.g. Wysiwash



Alcohol



Potassium peroxymonosulfate e.g. Trifectant, Virkon



**Quaternary** ammonium



Accelerated hydrogen peroxide (e.g. Accel)



Chlorhexidine

### Sodium Hypochlorite - Bleach

POSITIVES	CAUTIONS
Cost	No detergent activity – requires 2 steps
Effective against non-enveloped viruses	Partially inactivated by organic matter/must be applied to clean surface
Stable for 30 days if stored properly	Corrosive to metal
Effective against ringworm at 1:10 concentration*	Requires rinsing
	Respiratory irritant/caustic at high concentrations
	Inactivated if exposed to light/heat



<sup>\*</sup> however this concentration is caustic and not recommended

### Calcium hypochlorite - Wysiwash

POSITIVES	CAUTIONS
Cost	No detergent activity
Effective against non-enveloped viruses	Inactivated by organic matter/must be applied to clean surface
Easy to use – attaches to any hose end	Must use with specific applicator
Less corrosive to metal than bleach	Not effective against ringworm
Less of respiratory irritant/caustic than bleach	
No rinsing required	WYSIWASH

#### Sodium dichloroisocyanurate – Bru-clean

POSITIVES	CAUTIONS
Cost	No detergent activity – requires 2 steps
Effective against non-enveloped viruses	Partially inactivated by organic matter/must be applied to clean surface
Less corrosive to metal than bleach	
Less of respiratory irritant/caustic than bleach	
All-in-one applicator system dispenses detergent & disinfectant	

# Quaternary ammoniums – roccal, parvo-sol, triple two, kennel care...

POSITIVES	CAUTIONS
Cost	Not reliably effective against non-enveloped
Easy to use	Can be toxic if incorrectly diluted
Stable in solution	
Some detergent activity	Parvosol* II RTU  DISNICIMENT
Relatively effective in	face of organic matter

#### Quaternary ammoniums ("Quats")

- Label claims: effective against parvovirus at higher concentrations
- What independent studies have repeatedly shown: quats are not reliably effective against non-enveloped viruses such as parvo, panleuk, calici or fungi such as ringworm
- Note of caution:
  - Higher concentration can cause toxicity
  - Respiratory irritant
  - Oral ulcerations, fevers in cats, scrotal burns
- False sense of security



## Long history of lack of efficacy against un-enveloped viruses

- 1. Scott, F.W., *Virucidal disinfectants and feline viruses*. Am J Vet Res, 1980. **41**(3): p. 410-4.
- 2. Kennedy, M.A., et al., *Virucidal efficacy of the newer quaternary ammonium compounds*. Journal of the American Animal Hospital Association, 1995. **31**(3): p. 254-8.
- 3. Eleraky, N.Z., L.N. Potgieter, and M.A. Kennedy, *Virucidal efficacy of four new disinfectants*. J Am Anim Hosp Assoc, 2002. **38**(3): p. 231-4.
- 4. Eterpi, M., G. McDonnell, and V. Thomas, *Disinfection efficacy against parvoviruses compared with reference viruses*. Journal of Hospital Infection, 2009. **73**(1): p. 64-70.

Un-enveloped viruses include canine parvovirus, feline panleukopenia and calicivirus

# Potassium peroxymonosulfate - Virkon & Trifectant

POSITIVES	CAUTIONS
Effective against non-enveloped viruses	Cost
Some detergent activity	Must use PPE with powder
Relatively effective in face of organic matter	Limited application - powder & tablet forms
Non-toxic	
Non-corrosive as solution	
Stable for 7 days as solution	trifectant
	KEP OUT OF REACH OF CHILDREN  DANGER/ PELIGRO  Indicated Section  Control of Children  A 100 Children  Control of

## Accel - Accelerated hydrogen peroxide

POSITIVES	CAUTIONS
Effective against non-enveloped viruses	Initial product cost
Good detergent activity – one step product	Must use PPE with concentrate
Effective in face of organic matter	
Non-toxic	
Non-corrosive	
Easy to use & multiple application systems	ACCEL TB  ACCEL CONCENTRATE
Stable for 90 days as solution	ACCEPTB  WPES  WORK MANUAL MAN
Contact time is concentration-dependent	I MARCH COM COMMITTED TO THE COMMITTED T
No need to rinse unless washing dishes	
Effective against ringworm at 1:16 dilution*	

\* labeled effective against *Trichophyton* mentagrophytes

## Disinfectant selection

Non-enveloped viruses:

- Accel
- Bleach
- Wysiwash
- Bruclean
- Trifectant

Organic matter (wood, carpets, yards, porous surfaces):

Accel

Respiratory pathogens

Any\*

<sup>\*</sup> adenovirus-2 is the only non-enveloped respiratory virus, requiring an appropriate disinfectant

## Importance of Correct Dilution

- Dilution impacts efficacy of product
- Dilution dictates contact time needed

 Consider water pressure when calculating dilution in large volumes, sprayers





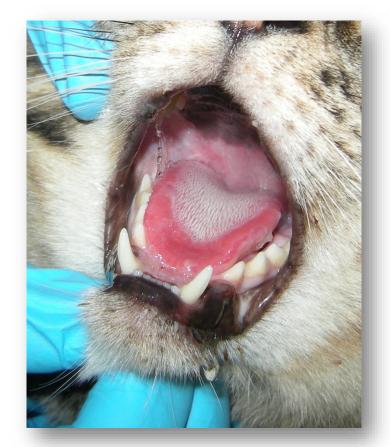






## Possible Outcomes of Incorrect Dilution

- At best, reduction of cleaning/disinfection capacity
- At worst...









## Ringworm decontamination update

Many over-the-counter cleaning products labeled as fungicidal against *Trichophyton mentagrophytes* are effective against Trichophyton spp. and Microsporum canis when the surface is properly prepared



## Use the correct product, correctly

#### Avoid mixing problems

 E.g. bleach and Trifectant, quats and detergent, bleach and Accel

#### Storage time and method

- CLOSED containers
- Bleach in light-proof containers refreshed monthly
- Note storage/remix times for each product
- Label with product AND EXPIRATION DATE



## In case of toxicity



- Remove source
- Dilute with milk/water if ingested
- Bathe
- Broad spectrum antibiotics
- Pain control!

## Choose the right process

## The actual process

#### 1. Utilize personal protective equipment or separate clothing

#### 2. Cleaning

- Removal of all visible organic matter via manual processes & use of detergent
- Can remove > 90% of bacteria from surfaces
- Otherwise: may make your disinfectant less effective

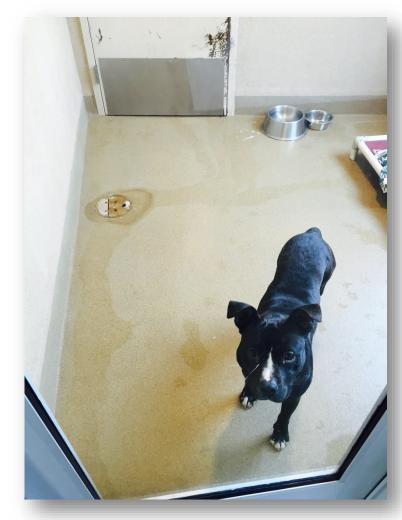
#### 3. Disinfection

- Chemical Inactivation of microorganisms
- Contact time
- 4. Rinse (if necessary)
- 5. Thoroughly dry



## Wet environments are tough on animals and facility

- Wet environments support the growth of mold, bacteria and spores.
  - Microorganisms on surfaces contribute to mold odor – microbial VOC's
- In areas where climate is humid relative humidity is often above 80% on a daily basis
- In dry environments humidity levels during wet cleaning process can reach 80-90% and last for an hour to several hours
  - Good ventilation/dehumidification(AC) will help to normalize humidity but for some shelters it will remain high for hours



4 hours post cleaning

## Solutions

- Huge consideration for new construction or remodel
- Dehumidification
- Squeegee standing water
- Increase ventilation during cleaning
  - Increase ventilation for > 30 minutes post
- Fans
- Use less water
  - Spot cleaning



## Spot cleaning

- For cats, Most dogs, & all in/all out group housing
  - Ensure compliance with flow (sick animals handled last)
- Advantages
  - Less stressful
  - Reduced fomite transmission
  - Increased safety & efficiency
  - Reduced use of irritating disinfectants
  - Water conservation
- Thoroughly clean/disinfect once vacated





### Contact time



- Dependent on disinfectant type, temperature, presence of organic matter, concentration, pathogen
- Cold, dirty, poor penetration, tough or unknown pathogen
- No time for contact?
  - optimize temperature, concentration, and product (e.g. Accel, potassium peroxymonosulfate)

## Closure time



Depends on confidence of cleaning/disinfection

If not confident, then closure will *not* help

### Foot baths?

#### Best to avoid

- Inappropriate contact time
- Contamination

#### Alternatives

- Dedicated boots
- Disposable booties
- Don't allow cats onto floor



#### If footbaths are used, minimize harm:

- Effective disinfectant against organic matter
  - Deep enough
    - Use brush
  - Change often



## Mop buckets?

- Best to avoid
  - Contamination

- Alternatives if drainage not present
  - Use disinfectant effective in face of organic matter
  - Double bucket system
  - Dedicated mops in each room
  - Routinely launder mop heads





## Accel Anivac Systems

For bathing & spot cleaning

• 12 foot hose





- For cleaning
  - 23 foot hose





## Hand hygiene

#### Hand-Washing:

When visibly dirty
Contact with bodily fluids
Thorough drying

#### **Hand Sanitizers:**

60-80% alcohol-based
Only if NO gross contamination present
Availability improves compliance

#### **Gloves:**

Handling infectious animals
Contact with bodily fluids
Handling disinfectants
Wash hands after



## Prioritizing Hand hygiene

High risk:

Diseased— iso
Naïve/vulnerable— intake
Potentially diseased- quarantine
Zoonoses
Outbreak response

Low risk:

Healthy - adoptions

## Laundry

- Do not overload machines
- Remove large food particle, feces,
   heavy hair contamination, other organic matter
- Hot water (at least 48 C/118 F)
- Bleach (4 oz/load) w/ detergent

OR

- Accel (1oz/gallon of washer capacity)
  - No additional detergent needed
- Dry completely





## Choose the right places to disinfect

#### Extra attention

■ Shared spaces/equipment — vehicles, surgery, restraint items, intake, animal housing between occupants

■ **Heavy contact areas** — clothing, hands, countertops, intake

■ High risk & vulnerable animals — juveniles, isolation, quarantine, intake,

recently recovered

## Group housing



- Ideally, all in/all out
- 18 sq ft/cat
- Maximum 3-4 cats/room
- Can be spot cleaned
- Décor: easily disinfectable items
- Complete disinfection required:
  - New group moving in
  - Outbreak of infectious disease
  - Heavily soiled

## Play & outdoor areas

- Prompt removal of solid waste
- Use Disinfectant NOT inactivated by organic material (e.g. Accel)
- Maximize sunlight exposure
- Only allow healthy, vaccinated adults (>5 mo)





## Sanitation & Air Quality

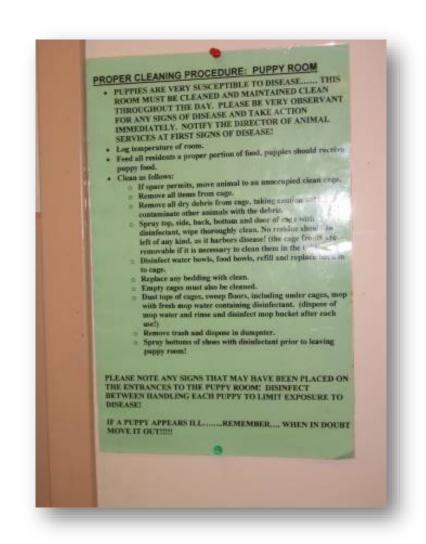
- Prevent crowding
- Minimize irritants
  - Spot cleaning
  - No high pressure hoses
- Thorough drying
- Maximize outdoor exposure
- Let in fresh air



# Write it down and check for efficacy

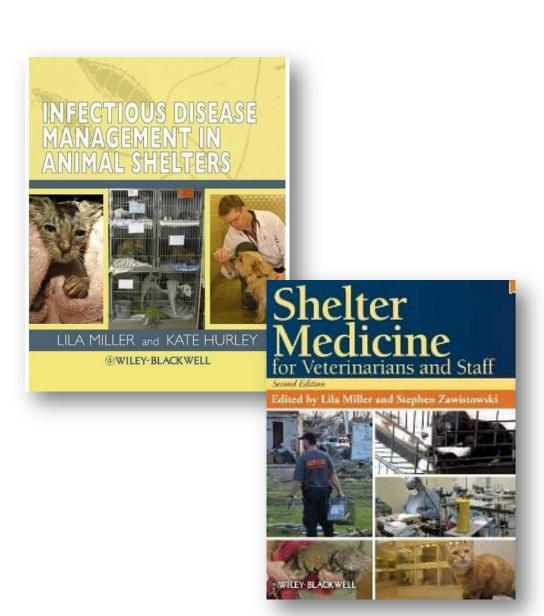
## Written policies

- Include:
  - Recognition
  - transmission
  - treatment
  - Control
  - Prevention
- Policies for:
  - Different pathogens
  - Foster homes
  - S/N clinic
  - Outbreak response
  - Zonooses
- Observe process periodically



## **Evaluating success**

- www.glogerm.com
- Concentration test strips
  - E.g. www.sanitationtools.com
- Bacterial and fungal culture of environment
  - Chapter 16 for ringworm details
- Periodic observation
  - Dilution
  - Application
  - Handling



## THANK YOU!





